

# 'Jewellery Box'



**What:** learn how to make beautiful bracelets, necklaces, rings, earrings and MORE!!

**When:** Every Tuesday from 6:00-8:00pm - Nov. 8, 15, 22, 29, Dec. 6

**Where:** Alzheimer Society - 403 Ontario St., St. Cath

for Young Carers Aged 10-14



**Come and try it out!**



LIMITED SPOTS AVAILABLE - Contact Powerhouse Project to Sign Up:

( 905 ) 834-3521 ext. 423 or 424 nsoble@powerhouseproject.ca or schanthra@powerhouseproject.ca

## Who are Young Carers?

Children and youth aged 5-18 who help take care of a parent, sibling or grandparent recovering from an addiction, or experiencing a disability, illness (mental/physical), or language barrier.



With funding from the LHIN  
(Local Health Integration Network)  
Hamilton Niagara Haldimand Brant LHIN 4



## What is the Powerhouse Project?

The Powerhouse Project offers a variety of services and activities to empower young carers, and give them time where "kids can be kids". Social, leisure, educational and skill development opportunities are offered at our Drop-In Centre and during "on the road" sessions throughout the regions of Niagara and Haldimand Norfolk.

[powerhouseproject.ca](http://powerhouseproject.ca)