

Youth Advisory Committee!!

-Help plan events

-Meet new friends

-Obtain volunteer hours

Volunteer for a good cause!

If you're 14 or older, come join Powerhouse Project's Youth Advisory Committee!

We will meet the first Friday of every month from 4:00-5:00pm @ our office- 318 Ontario St. unit 7a, St. Catharines

*** FIRST MEETING IS FRIDAY, FEB.3/12 @ 4PM ***

To Register Call: (905) 397-4201 ext. 424/423

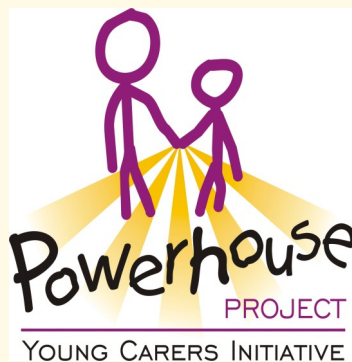
nsoble@powerhouseproject.ca or schantra@powerhouseproject.ca

Who are Young Carers?

Children and youth aged 5-18 who help take care of a parent, sibling or grandparent recovering from an addiction, or experiencing a disability, illness (mental/physical), or language barrier.



With funding from the LHIN
(Local Health Integration Network)
Hamilton Niagara Haldimand Brant LHIN 4



What is the Powerhouse Project?

The Powerhouse Project offers a variety of services and activities to empower young carers, and give them time where "kids can be kids". Social, leisure, educational and skill development opportunities are offered at our Drop-In Centre and during "on the road" sessions throughout the regions of Niagara and Haldimand Norfolk.

powerhouseproject.ca